

Week 1

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

G/F & Dairy Free Pizza
with Herb Sautéed Potato
and Baked Beans or Fresh
Salad

Mild Chicken Fajita G/F
Wrap, served with
Wholegrain Rice, Peas &
Sweetcorn

Grilled Chicken served
with Jacket Potato Wedges
& Seasonal Vegetables

Roast Chicken served with
Roast Potatoes, Carrots,
Cabbage and Gravy

G/F Chicken Goujons
served with Chips, Garden
Peas or Baked Beans

Meat Free
(Vegan)

G/F & Dairy Free Pizza
with Herb Sautéed Potato
and Baked Beans or Fresh
Salad

Jacket Potato with Vegan
Cheese & Beans served
with Fresh Salad

Vegetable Sausage served
with Jacket Potato Wedges
& Seasonal Vegetables

Jacket Potato with Vegan
Cheese & Beans served
with Fresh Salad

G/F & Dairy Free Pizza
served with Chips, Garden
Peas or Baked Beans

Desserts

Choose One of Our
Fabulous Desserts
G/F Chocolate Biscuit
Fruity Jelly
Fresh Fruit Pot

Choose One of Our
Fabulous Desserts
G/F Vanilla Shortbread
Fruity Jelly
Fresh Fruit Pot

Choose One of Our
Fabulous Desserts
G/F Apple Crumble
Fruity Jelly
Fresh Fruit Pot

Choose One of Our
Fabulous Desserts
G/F Vanilla Shortbread
Fruity Jelly
Fresh Fruit Pot

Choose One of Our
Fabulous Desserts
G/F Chocolate Biscuit
Fruity Jelly
Fresh Fruit Pot



ALLERGEN
FREE MENU

Making lunchtime the highlight of your day

All items on this menu are free of the 14 main allergens: Celery, Cereals containing gluten, Crustaceans, Eggs,
Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame Seeds, Soya, Sulphur Dioxide



ALLERGEN
FREE MENU

Week 2

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

G/f Pasta in a Tomato
Sauce with Vegan Cheese
Topping served with
Rainbow Roasted
Vegetables

G/F & Dairy free Meat
Pizza served with Herb
Sautéed Potato and Baked
Beans or Fresh Salad

Grilled Chicken Fillet
in a G/F Bun served with
Jacket Potato Wedges,
Seasonal Vegetables &
Vegan Mayo

G/F Chicken Goujons
served with Chips, Garden
Peas or Baked Beans

Meat Free
(Vegan)

Vegetable Bolognese
served with G/F Pasta
Seasonal Vegetables

G/F & Dairy Free Pizza
with Herb Sautéed Potato
and Baked Beans or Fresh
Salad

Jacket Potato with Vegan
Cheese & Beans served
with Fresh Salad

Roasted Vegetable
Ratatouille Served
with Roast Potatoes and
Seasonal Vegetables

Vegetable Sausages
served with Chips, Garden
Peas or Baked Beans

Desserts

Choose One of Our
Fabulous Desserts
G/F Chocolate Biscuit
Fruity Jelly
Fresh Fruit Pot

Choose One of Our
Fabulous Desserts
G/F Vanilla Shortbread
Fruity Jelly
Fresh Fruit Pot

Choose One of Our
Fabulous Desserts
G/F Apple Crumble
Fruity Jelly
Fresh Fruit Pot

Choose One of Our
Fabulous Desserts
G/F Vanilla Shortbread
Fruity Jelly
Fresh Fruit Pot

Choose One of Our
Fabulous Desserts
G/F Chocolate Biscuit
Fruity Jelly
Fresh Fruit Pot



ALLERGEN
FREE MENU

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ALLERGEN
FREE MENU

Week 3

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

Vegetable & Tomato Ragù served with G/F Penne Pasta, Peas & Sweetcorn

Tasty Beef & Dairy Free Cheese Burrito served with Whole Grain Rice, Tomato & Cucumber Salsa

G/F & Dairy free Meat Pizza served with Herb Sautéed Potato and Baked Beans or Fresh Salad

Roast Chicken served with Roast Potatoes, Carrots, Cabbage and Gravy

G/F Chicken Goujons served with Chips, Garden Peas or Baked Beans

Meat Free (Vegan)

Vegetable & Tomato Ragù served with G/F Penne Pasta, Peas & Sweetcorn

Jacket Potato with Vegan Cheese & Beans served with Fresh Salad

G/F & Dairy Free Pizza served with Herb Sautéed Potato and Baked Beans or Fresh Salad

Jacket Potato with Vegan Cheese & Beans served with Fresh Salad

Vegetable Sausages served with Chips, Garden Peas or Baked Beans

Desserts

Choose One of Our Fabulous Desserts
G/F Chocolate Biscuit Fruity Jelly
Fresh Fruit Pot

Choose One of Our Fabulous Desserts
G/F Vanilla Shortbread Fruity Jelly
Fresh Fruit Pot

Choose One of Our Fabulous Desserts
G/F Apple Crumble Fruity Jelly
Fresh Fruit Pot

Choose One of Our Fabulous Desserts
G/F Vanilla Shortbread Fruity Jelly
Fresh Fruit Pot

Choose One of Our Fabulous Desserts
G/F Chocolate Biscuit Fruity Jelly
Fresh Fruit Pot



ALLERGEN
FREE MENU

Making lunchtime the highlight of your day

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ALLERGEN
FREE MENU